

## Klein Sexual Orientation Grid, adapted\*

Please rate yourself on the following 7 variables of sexual orientation. For each variable, please choose the number according to the scoring key below the grid. Please complete the “Past” column, then “Present,” and then “Ideal” column.

	Variable	Past	Present	Ideal
<b>A</b>	Sexual Attraction <i>(e.g., erotic desire, physical arousal)</i>			
<b>B</b>	Sexual Behavior <i>(e.g., kissing, foreplay, manual/oral/vaginal/anal sex)</i>			
<b>C</b>	Sexual Fantasies <i>(e.g., erotic thoughts, sexual daydreams)</i>			
<b>D</b>	Emotional Preference <i>(e.g., romantic love, intimate feelings)</i>			
<b>E</b>	Social Preference <i>(e.g., friendships, colleagues)</i>			
<b>F</b>	Straight/Bisexual/Gay Lifestyle <i>(e.g., affiliations, hangouts, and events)</i>			
<b>G</b>	Self-Identification <i>(e.g., personal and/or social identity)</i>			

### Scoring Key:

For Variables A to E:	For Variable F:	For Variable G:
1 = Other sex only	1 = Straight only	1 = Straight only
2 = Other sex mostly	2 = Straight mostly	2 = Straight mostly
3 = Other sex somewhat more	3 = Straight somewhat more	3 = Straight-Bisexual
4 = Both sexes equally	4 = Straight/Gay equally or Bisexual	4 = Bisexual
5 = Same sex somewhat more	5 = Gay somewhat more	5 = Gay-Bisexual
6 = Same sex mostly	6 = Gay mostly	6 = Gay mostly
7 = Same sex only	7 = Gay only	7 = Gay only

\*This grid, originally created by Klein (1987), was adapted to include the “bisexual” category (Hoang, 2006).